



# Teachers Feedback Survey

OCT 2025



# Objective

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To gather insights from teachers on the role of mobile phones in our school, with a focus on understanding the potential benefits of banning mobile phones with the use of phone pouches to enhance students' academic performance and focus. Research suggests that mobile phone usage, particularly for social media, can disrupt attention spans and reduce productivity in educational settings.

There are citations below for further reading on the stats used in the survey



# Section 1

## Current rules on mobile phones in schools

1. Do you feel mobile phone usage is a problem in adolescents?

- Yes
- No
- Somewhat

2. Would you support the school on completely banning mobile phone use in school?

- Yes
- No
- I think students should have access at lunchtime and/or classes for educational purposes
- We already have a no phones policy

3. If you already have a mobile phone policy, do you feel students are compliant with it?

- All students are
- Most students are
- Some students are
- Very few students comply



# Section 2

## Students use of mobile phones

4. How often would you see a student on their mobile phone in school?

- Daily (without permission)
- Only at designated times (Lunchtime/Breaktime etc)
- Often (Once or twice a week)
- Rarely (once or twice every few months)
- Never

5. Do you find students are resistant to putting their phones away when requested?

- Yes
- No
- Sometimes

6. Have you ever confiscated a phone from a student?

- Yes
- No



# Section 2

## Students use of mobile phones

7. If yes, did the student argue when you tried to confiscate it?

- Yes
- No
- I have never confiscated a phone

8. Do you use mobile phones frequently in your class as a part of your lessons?

- Yes
- No
- Use laptop/iPad instead

9. Do you support the idea of using phone pouches to store students' phones during school hours?

- Yes
- No
- Yes, but I have concerns



# Section 2

## Students use of mobile phones

10. Do you believe using pouches would reduce classroom distractions?

- Yes significantly
- I am unsure
- No, not at all



# Section 3

## Phones and Academics

### 11. Do you think mobile phones disrupt the learning environment for other students as well?

*(Research indicates that distractions from peers' phone use can have a "spillover effect," lowering focus across the class.)*

- Strongly Agree
- Agree
- Neutral
- Disagree
- Strongly Disagree

### 12. Do you observe a decline in students' attention spans during class, potentially due to the influence of mobile phones and social media?

*(Excessive use of social media has been linked to a 12% decrease in sustained attention capacity.)*

- Strongly Agree
- Agree
- Neutral
- Disagree
- Strongly Disagree



# Section 3

## Phones and Academics

13. How often do students mention feeling tired or distracted during lessons due to late-night mobile phone use?

*(Sleep deprivation caused by late-night screen use is a known contributor to poor focus and cognitive function.)*

- Very Often
- Often
- Occasionally
- Never

14. Do you believe social media and instant messaging apps contribute to a decline in students' ability to engage with in-depth learning activities?

- Strongly Agree
- Agree
- Neutral
- Disagree
- Strongly Disagree



# Section 3

## Phones and Academics

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15. How frequently do students appear to prioritise checking their phones over completing assignments or participating in class activities?

- Very Often
- Often
- Occasionally
- Rarely

16. Are you aware of research showing improved academic performance in schools that have implemented mobile phone bans?

*(For example, banning phones in UK schools led to a significant increase in test scores, especially among underperforming students.)*

- Yes
- No



# Section 3

## Phones and Academics

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17. Do you think a mobile phone ban would have a significant positive impact on students' academic performance?

- Yes, significantly
- Yes, to some extent
- No impact
- Not sure

18. Do you feel equipped to enforce a no-phone policy effectively in your classroom?

- Yes, absolutely
- Yes, but with some challenges
- No, I would need support or resources
- No, I do not think it's enforceable
- I already do



# Section 4

## Concerns

19. What concerns do you have about implementing phone pouches in schools? (Rank 1 as the most concern, 6 as the least)

- Cost of implementation
- Difficulty ensuring all students use them
- Time spent designing and implementing new policies
- Potential for lost or damaged phones
- Another thing to monitor
- Other

20. What do you think are the potential benefits of using pouches to store phones?



# Section 4

## Concerns

21. What specific challenges or issues do you think would arise from using phone pouches in your school?
  
22. Please share any additional thoughts or concerns you have about implementing phone pouches in the school.



# Citations for Research Mentioned in the Survey

## 1. Beland, L.-P., & Murphy, R. (2016).

*III Communication: Technology, Distraction & Student Performance.*

Labour Economics, 41, 61–76.

- This study highlights the academic benefits of banning mobile phones in schools, with test scores improving by an average of 6-10%, particularly among lower-achieving students.

## 2. Wilmer, H. H., Sherman, L. E., & Chein, J. M. (2017).

*Smartphones and Cognition: A Review of Research Exploring the Links Between Mobile Technology Habits and Cognitive Functioning.*

Frontiers in Psychology, 8, 605.

- This review discusses how frequent smartphone use, including social media, can negatively impact sustained attention and cognitive performance.

## 3. Firth, J., Torous, J., Stubbs, B., et al. (2019).

*The "Online Brain": How the Internet May Be Changing Our Cognition.*

World Psychiatry, 18(2), 119–129.

- This paper examines the impact of internet use on attention spans, finding a correlation between digital multitasking and reduced ability to focus on singular tasks.



# Citations for Research Mentioned in the Survey

## 4. UNESCO (2023).

*Global Education Monitoring Report: Technology in Education – A Tool on Whose Terms?*

- This report explores the impact of technology in education, including the challenges of mobile phone use in schools.

## 5. Common Sense Media (2019).

*The Common Sense Census: Media Use by Tweens and Teens.*

- This survey revealed that teenagers spend an average of 7 hours daily on screens, with significant time spent on social media, often at the expense of sleep and focus.

## 6. We Are Social & Hootsuite (2023).

*Digital 2023: Global Overview Report.*

- This report outlines the widespread use of social media among teenagers and its implications for attention and time management.

## 7. OECD (2015).

*Students, Computers and Learning: Making the Connection.*

- The OECD's analysis found that overuse of technology in schools can hinder student learning, particularly when it comes to maintaining focus and engagement



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