



Mobile Phone Policy **Students**

Why we are a Phone Free School

- To **improve concentration in classes**- Phones were a distraction for all of us (including teachers!)



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- **To encourage conversation** - Being able to hold a conversation is an essential skill both in school and in the working world.



- **To build resilience** - Scrolling on your phone may distract you from anxious thoughts or feelings temporarily. However, those feelings will return. They need to be dealt with by talking!



- **To give people privacy** - Not everyone wants to be posted on social media!



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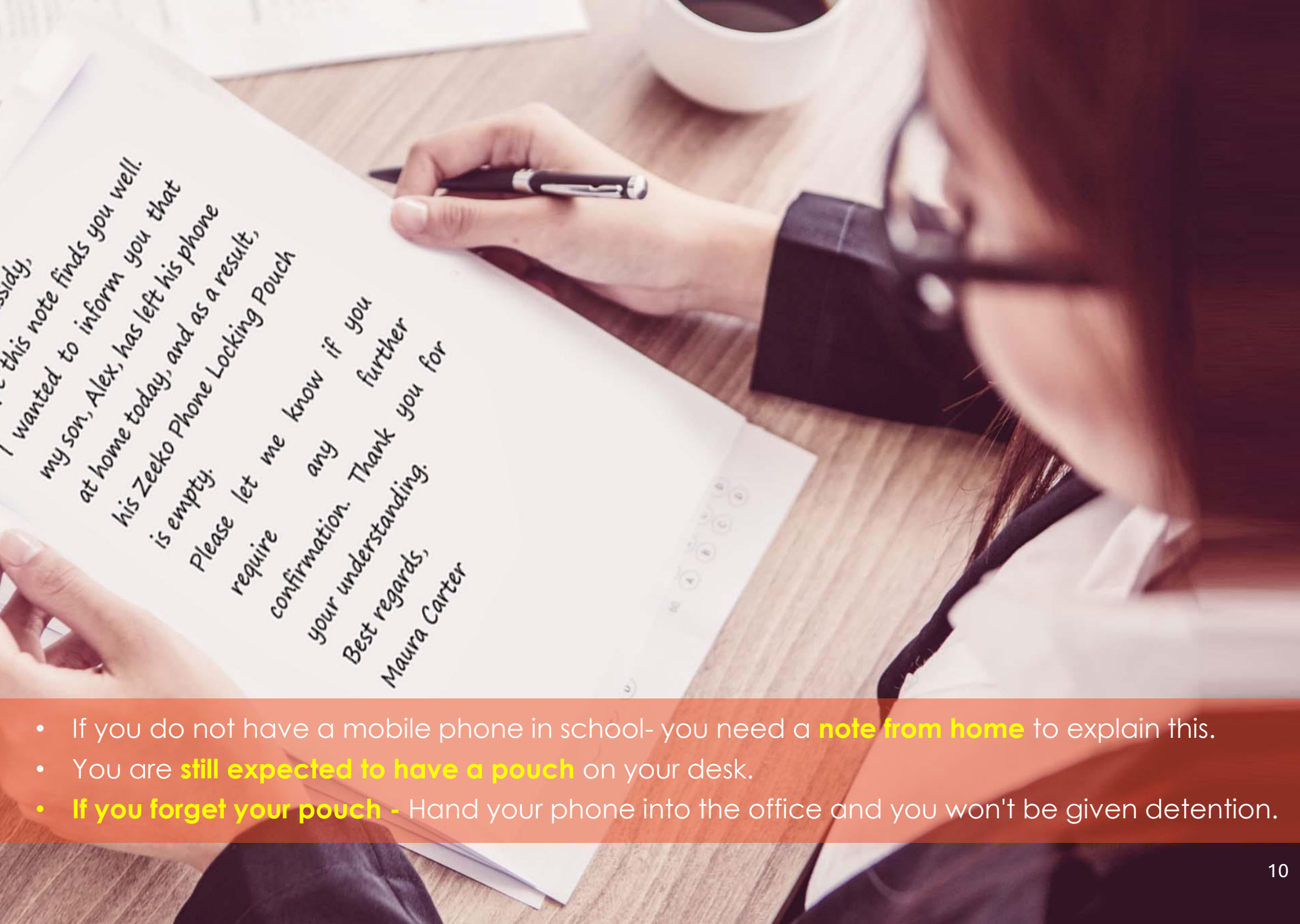
- **To give yourself a break** - Guaranteed 7 hours of your day will be screen free!



What is Expected Of Students

- Every student has a Zeeko pouch on their desk in every class.
- Mobile phones are to be placed inside the pouch **and sealed**.
- Only **write your name** on the paper tab.



A person with long brown hair and glasses is sitting at a wooden desk, writing a note on a piece of paper. They are holding a black pen in their right hand. The note is written in cursive and mentions a son named Alex and a Zeeko Phone Locking Pouch. A white cup of coffee is visible on the desk next to the paper. The background is slightly blurred, showing more of the desk and the person's arm.

...ssday,
I wanted to inform you well.
my son, Alex, has left his phone
at home today, and as a result,
his Zeeko Phone Locking Pouch
is empty.
Please let me know if you
require any further
confirmation. Thank you for
your understanding.
Best regards,
Maura Carter

- If you do not have a mobile phone in school- you need a **note from home** to explain this.
- You are **still expected to have a pouch** on your desk.
- **If you forget your pouch** - Hand your phone into the office and you won't be given detention.

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- If you are caught on your phone, it will be **confiscated**.
 - **2nd offence** - Parent must collect it from the office.
 - **Any damage caused** to the Zeeko pouch - **€10**.



What happens if Students Don't follow the rules?



- No pouch in school and no note to explain you leave your phone at home = **automatic detention** with vice principal on Mondays 3.35 for 30 minutes.
- If you miss this - **40 min detention** on Tuesday.
- **Fail to attend** - A meeting is arranged with parents. You will be asked **to sign a contract** that will state you must hand up your phone when entering the school.
- Deputy principals will **arrange signing of contract with parents.**

Important for Teachers



- Place a note in the student's journal **to inform parents that the child will have detention** the following Monday.
- Log it in their chronical on Compass and **escalate it to Mia Cassidy.**
- **Create chronicle entry-click notification** tab- type "Mia Cassidy"- Click add-Click Save.
- A text is sent on Fridays to **remind parents of detention.**



Zeeko Phone Locking Pouch & Mobile Phone

WHY IS IT IMPORTANT?



We are insuring you have over 6 hours screen free time everyday.



You are not distracted by your phone so you can concentrate fully on your lesson.



By not having phones in school, we can help reduce anxiety and cyberbullying.

HOW CAN I ACHIEVE THIS?



Having my Zeeko Phone Locking Pouch **in school** everyday.



Placing my phone in my Zeeko Pouch **before coming into** the school.



Putting my Zeeko Pouch out **on the** desk.



Note from home to say my phone is left at home if my Zeeko Pouch is empty.

WHAT WILL HAPPEN IF I DO NOT HAVE A ZEEKO POUCH?

A sanction will be given immediately. I will be placed on deputy principal detention on Fridays in room 8 for 30 mins.

WHAT WILL HAPPEN IF I AM CAUGHT ON A PHONE?

My phone will be confiscated and put in the office. If this the second time this has happened, my parent must collect it. I will be put on deputy principal detention.

ZEEKO



For more resources go to www.zeeko.ie
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