

# DIGITAL DISTRACTIONS

Complete the sentences below using the words from the word bank. As you complete each sentence, cross off the word you used from the word bank. Once you have completed all the sentences, colour in the pictures at the bottom of the page.

## WORD BANK

Before, never, two, tired, off, respect, outside, home

### SENTENCES TO COMPLETE:

1. When I come to school, I should leave my phone at \_\_\_\_\_.
2. I should play \_\_\_\_\_ when the weather is nice and sunny.
3. When I play online games, I should always treat others with \_\_\_\_\_.
4. When I am doing my homework, the TV should be \_\_\_\_\_.
5. My eyes feel \_\_\_\_\_ when I look at screens for too long.
6. I should try only to use my digital devices for \_\_\_\_\_ hours a day.
7. I should \_\_\_\_\_ use my digital devices before bedtime.
8. Homework should be finished \_\_\_\_\_ screen time.

